

Name: _____

Grade: 3 4 5 6

Date: _____

What did you do? Please be specific. Start with "I". Tell me later about what the other student did.

What was wrong with that? Who did you hurt? How do you know you hurt them?

What problem were you trying to solve or what goal were you trying to reach? (example: Did you want attention or want to impress someone? Did you want to be left alone? Were you trying to have fun? Did you want something your own way? Did you want someone to listen to you? Were you already mad about something else?)

What expectation (rule) did this not meet? (Look at the matrix if you do not know.)

How will you solve that problem or reach that goal next time without hurting anyone? List at least 3 ways to solve the problem or reach the goal.

Student Signature: _____ Teacher Signature: _____

Parent Signature: _____ MUST BE RETURNED NEXT DAY